

FROM THE PRINCIPAL'S DESK....

If Life were predictable, it would cease to be life, and be without flavor.

Dear Students,

These Summer months of May and June help us to take stock of ourselves as we rest, replenish our minds and get revitalized for the busy months ahead. The holidays ensure perfect family time and opportunities for travel and pursuing interests and hobbies.

They say that an umbrella, a book and the mind only work when open !!! So let us open our minds and embrace the various ways in which we can enhance our thoughts, empower our learning and expand our knowledge during the summer break.

The Summer Holiday Engagement of 2023, comes with a special intent and purpose.

Each challenging and interesting project will take you on a journey....a journey of self discovery and introspection.

Every task will have a significant FUN quotient as well as an inherent reward of knowledge attained.

Almost all options will require a bit of family involvement because we want our Goenkan minds to communicate and collaborate with friends, parents and siblings. In our educational experience, we should always keep pace with our surroundings for which social interactions are the key.

In my opinion, all efforts are appreciated and I value the importance of creativity and individual strengths of all students.

Hope everyone enjoys the roller coaster ride and the overall impact of learning from this Goenkan initiative of the Summer Holiday Engagement 2023-24.

Let us reinvent ourselves through mutual sharing, working together and internalizing progressive ideas.

# **ENGLISH**

The more that you read, the more things you will know.

The more that you learn, the more places you'll go.

**Dr Seuss** 

The Summer holiday engagement usually gets the whole family involved ! Discoveries, discussions, photo sessions, making schedules and lots of action and laughter.

We want to help you become a champion of healthy food habits. In small but important ways, you can set examples and be the healthy food 'monitor' at home !

Choose the activities that suit you and you will explore and appreciate the exciting projects because they are interactive, interesting and so much fun.

With so much to do, don't forget the Reading Time !

Spend the afternoon with a great book and you will surely lead the class !

- 1) Write a paragraph in your journal on "Eating healthy can be flavour and mouth watering".
- 2) Prepare a recipe booklet with 2 such dishes that are healthy yet delectable. Also, cook any lout of those and paste pictures of the same in your booklet.(Take the help of your parents/elders if needed.)
- 3) Interview your grandmother/mother and ask them 5 questions to find out the healthy ways to cook some regular dishes. You can also ask about specific ingredients that they use.



4) Prepare a poster with a catchy slogan on an A-4 size sheet related to the importance of eating healthy.



G. D. Goenka International School, Raipur / Holiday Engagement, 2023-24 / Class 4

# EVS

## Choose any two of the given projects.

### 1. Kitchen survey

Make a survey of things you have in your kitchen. Learn to identify different gadgets/ appliances, which make the process of cooking easier and work faster.

Ask your elders about their use. Click on pictures, paste them in your scrapbook and make a note of important things that elders have told you.

## 2. Eat Right Feel Right

Prepare the day's menu card. It should have three meals that are breakfast, lunch and dinner. Make sure that the food items cover all the essential nutrients of a balanced diet.



### 3. Research

Research some interesting facts on the topic Food and design your own factopedia. Mention at least 10 facts. Use vibrant colourful pictures and print outs of facts researched.

#### 4. Farmers are our greatest friends

They work hard in the fields to grow cereals, fruits, vegetables and oilseeds for us. After the crop is harvested, there is a long process by which food finally reaches us. Depict the journey of food from the farm to our kitchens with the help of a colourful collage.



#### MATHS

### • BIT BY BIT ORBIT

The Earth takes 365 days to go around the Sun. The other planets also orbit around the Sun. Calculate the time taken by them using the clues given below to complete the table.

Planet	Mercury	Venus	Earth	Mars	Jupiter	Saturn	Uranus	Neptune
No. of			365	687		10759		60190
Earth days								
to go								
around the								
Sun								

# • CLUES:

- **1**. Venus takes 140 Earth days less than Earth to go around the sun.
- **2**. Jupiter takes 3,646 Earth days more than Mars to go around the sun.
- **3**. Uranus journeys around the sun for 19,928 Earth days more than Saturn.
- **4**. Mercury and Neptune together journey around the sun for 60,278 Earth days.

# HUNGRY FAMILY

- 1. Planet with a 5 in its ten's place gets a pizza.
- **2**. The planet whose one period has 190 gets a burger.
- **3**. The planet with days that expand to 300+60+5 gets lemonade.
- **4**. The planet with days that take only 2 places gets noodles.
- **5**. The predecessor of this planet is 30,686 and it gets a cake.
- This planet has the same digits in its tens and hundreds, but not so in one place. It gets a doughnut.
- 7. The planet with an odd number of days and 4 in the thousands places cries for fries.
- **8**. The successor of this planet is 688 and it gets an ice cream.
- Present this information in a creative way in a Math file.

# HINDI

- 1 जैविक कृषि उत्पादों पर आधारित किन्हीं 2 उत्पाद पर विज्ञापन बनाएं https://images.app.goo.gl/XR7Ur4SEmKvRnree8
- 2. देश में फसलों से संबंधित त्योहारों की सूची बना एवं मानचित्र पर रचनात्मक तरीके से अंकित करें



 शब्द भंडार दो शब्दों में से एक एक अक्षर लेकर एक नया शब्द बनाएं। जैसे कचौड़ी - लड़की चौकी ऐसे पांच शब्द बनाएं। ( इन्हें एक फाइल में एक साथ रखें और रचनात्मक तरह से प्रस्तुत करें।)

> \*Date of Submission: 1<sup>st</sup> week of July\* \*Holiday engagements will be marked for internal assessment\*